

Car Safety!



INFORMATION AND RESOURCES!



1. Keep valuables out of site to avoid break-ins
2. Park in well lit areas near other vehicles
3. Have your keys ready before getting into your vehicle
4. Carry a first-aid and emergency roadside kit in your vehicle at all times
5. Do not pick up hitch hikers

Mission Crime Prevention Office

Tel: 604-820-2722

Email: info@missioncpo.ca



Mission RCMP Detachment

Tel: 604-826-7161

www.rcmp-grc.gc.ca/detach/en/d/249

Mission RCMP Victim Services Unit

Tel: 604-820-3504

Email:

mission.victim.services@rcmp-grc.gc.ca

Seniors First BC

SAIL: Seniors Abuse and Information Line

Toll free: 1-866-437-1940

www.seniorsfirstbc.ca/contact-us/

IN CASE OF AN EMERGENCY, PLEASE CALL

9-1-1



PERSONAL SAFETY TIPS



info@missioncpo.ca



[missioncrimeprevention](https://www.instagram.com/missioncrimeprevention)



(604) 820- 2722

Safety on the streets!



Cycling or Jogging!



Public Transit!



1. Plan your route and avoid isolated areas.
2. Be aware of your surroundings.
3. Be alert, don't be distracted.
4. Carry your purse or bag between your arms and body.
5. Don't display cash in public.
6. If you believe you are being followed, go to the nearest business or group of people for help.
7. If walking at night make sure you wear reflective clothing so you are seen.
8. Avoid empty and dark alleys/streets.

1. Make sure to accompany yourself with a friend.
2. Avoid travelling into isolated areas.
3. Stay alert and don't use headphones.
4. Alternate your route and don't be predictable.
5. Always wear reflective gear at night.
6. Carry a cell phone for emergencies.
7. Follow the rules and regulations of the road.

1. Always plan your route ahead of time.
2. Avoid isolated and poor lit transit stops.
3. Be aware of your surroundings when waiting at transit stops.
4. Ensure you are not being followed while leaving the transit stop.
5. Plan your seat; sit near the front or middle of the bus.